

# What's on the Menu?

November 2023



## ST. Rocco Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>MEET THE MOODIES</b>	<b>For the next 8 weeks, you will meet a Moodie that represents a food item.</b>	1 Hot Dog French Fries	2 Chicken Tacos Lettuce, Cheddar, Sour Cream, Salsa	3 Pepperoni Pizza Tossed Salad
					
	6 Italian-style Meatball Sub Roasted Fresh Green Beans	7 Sweet & Sour Chicken Brown Rice Roasted Broccoli	 8 Chicken Alfredo Local Roasted Butternut Squash	9 Chicken & Cheese Quesadilla with Local Narragansett Cheese Herb Roasted Local Potatoes	10  Cheese Pizza Local Gotham Greens Caesar Salad
		14 Local Beef Nachos Local Narragansett Cheese, Local Gotham Greens, Salsa	15 <b>Thanks 4 Giving</b> Roasted Turkey, Mashed Potatoes, Gravy, Local Roasted Cinnamon Butternut Squash	 16 Chinese BBQ Pulled Pork Brown Rice	17 Pepperoni Pizza Local Gotham Green's Tossed Salad
					
	20 <b>Breakfast for Lunch</b> French Toast Chicken Sausage Hash Browns	21 Mac & Cheese Local Butternut Squash 	IL/PD	 23 	24 NO SCHOOL
	27 Cheeseburger French Fries 	 28 Beef Nachos Narragansett Cheese, Lettuce, Salsa	Popcorn Chicken Bowl Mashed Potatoes, Gravy, Shredded Cheese, Seasoned Corn	30 Tomato Soup Grilled Cheese Sandwich w/Local Narragansett Cheese 	<b>Global Eats</b> November 16 & 29

Weekly Offerings
10/30-11/3 Cheeseburgers Pizza Bagel Fun Lunch 
11/6-11/10 Grilled Cheese  Hummus Fun Lunch 
11/13-11/17 Chicken Patty Sandwich  Pretzel Fun Lunch 
11/20-11/22 Chicken Nuggets & Roll  Muffin Fun Lunch 
11/27-12/1 Cheese Quesadilla  Nacho Fun Lunch 
Fruit, Vegetable, & Milk Offered

Daily Offerings
 A Variety of Fruit, Vegetables, or Salads (Fresh, Local, or Canned)

 Vegetarian  Locally Grown

 Full menus available on Nutrislice!

  
serving up happy & healthy

This institution is an equal opportunity provider.

All meals served with milk, chocolate milk or 100% fruit juice