




What's on the Menu?

August-September 2023

St Rocco Lunch

Monday	Tuesday	Wednesday	Thursday	Friday	Weekly Offerings
		30 Cheeseburger Baked Crinkle Cut Fries	31 Italian-style Chicken Meatball Sub Roasted Broccoli	1 Cheese Pizza Tossed Salad	<p>8/29-9/1 Grilled cheese Muffin Fun Lunch</p> <p>9/4-9/8 Cheeseburger Hummus Fun Lunch</p> <p>9/11-9/15 Chicken Patty Sandwich Cereal Fun Lunch</p> <p>9/18-9/22 Chicken Nuggets & Roll Nacho Fun Lunch</p> <p>9/25-9/29 Cheese Quesadilla Ham & Cheddar Chef Salad</p> <p>Fruit, Vegetable, & Milk Offered</p>
4 LABOR DAY	5 Orange Chicken Lucky Fried Rice	6 Sloppy Joe Sandwich French Fries	 7 Penne with Chicken & Broccoli Alfredo Roasted Veg Dinner Roll	8 Pepperoni Pizza Caesar Salad	
11 Chicken Tenders Roasted Carrot Sticks	 12 Local Beef Tacos Local Lettuce Local Cheese Salsa	13 Popcorn Chicken Mashed Potatoes, Corn, Gravy Dinner Roll	14 Mac & Cheese Roasted Local Zucchini	15 Cheese Pizza Tossed Salad	
18 Chicken, Bacon, Ranch Sandwich Roasted Baby Local Carrots	19 Cheese Quesadilla Baked Fries	 20 Local Corn on the Cob Day BBQ Pulled Pork Sandwich Local Corn on the Cob	21 Sweet & Sour Chicken Veggie Fried Rice Garlic Green Beans	22 Pepperoni Pizza Caesar Salad	
25 Breakfast for Lunch French Toast Chicken Sausage Tater Tots	26 Beef Nachos Shredded lettuce, Cheddar, Salsa, Corn & Black Bean Salsa	27 Homemade Marinara Day (Local (Tomatoes) Pasta & Meatballs, Roasted Green Beans, Dinner Roll	28 Teriyaki Chicken & Vegetables Brown Rice	29 IL/PD	

Daily Offerings



A Variety of Fruit, Vegetables,
or Salads
(Fresh, Local, or Canned)



Vegetarian



Locally Grown