



# What's on the Menu?

October 2023

## St Rocco Lunch

Monday	Tuesday	Wednesday	Thursday	Friday	Weekly Offerings
<p>2</p> <p>Italian-style Chicken Meatball Sub Roasted Summer Squash</p>	<p>3</p> <p>Orange Chicken Brown Rice Roasted Broccoli</p>	<p>4</p> <p><b>Taco-nator Day</b> Beef Tacos Shredded lettuce Cheddar, Salsa</p>	<p>5</p> <p>Chicken Tenders Sweet Potato Fries</p>	<p>6</p> <p>Pepperoni Pizza Tossed Salad</p>	<p><b>10/2-10/6</b> Grilled cheese Nacho Fun Lunch</p> <p><b>10/9-10/13</b> Hot Dog Bagel Fun Lunch</p> <p><b>10/16-10/20</b> Chicken Patty Sandwich Cereal Fun Lunch</p> <p><b>10/23-10/27</b> Chicken Nuggets &amp; Roll Turkey &amp; Cheese Sandwich</p> <p><b>10/30-11/3</b> Cheeseburgers Pizza Bagel Fun Lunch</p> <p>Fruit, Vegetable, &amp; Milk Offered</p>
<p>9</p> 	<p>10</p> <p>Cheeseburger Tater Tots</p>	<p>11</p> <p>Sweet &amp; Sour Chicken Veggie Fried Rice Green Beans</p>	<p>12</p> <p>BBQ Pulled Pork Sandwich Roasted Broccoli</p>	<p>13</p> <p>Cheese Pizza Local Gotham Greens Caesar Salad</p>	
<p>16</p> <p>Chicken &amp; Cheese Quesadilla Local Narraganset Creamery Cheese Corn &amp; Black Bean Salsa</p>	<p>17</p> <p>Italian inspired Pasta with Meatballs Roasted Broccoli</p>	<p>18</p> <p>Popcorn Chicken Bowl Mashed Potatoes Seasoned Corn</p>	<p>19</p> <p><b>Apple Crunch Day</b> Chicken Noodle Soup Toasted Cheese Sandwich Steere Farm Local Apples</p>	<p>20</p> <p>Pepperoni Pizza Local Gotham Green's Tossed Salad</p>	
<p>23</p> <p>Grilled Chicken Bacon Ranch Sandwich French Fries</p>	<p>24</p> <p>Mac &amp; Cheese Butternut Squash</p>	<p>25</p> <p><b>CHINA</b> Soy Glazed Chicken, Brown Rice Roasted Carrots</p>	<p>26</p> <p><b>Breakfast for Lunch</b> French Toast Chicken Sausage Hash Brown</p>	<p>27</p> <p>IL/PD</p>	
<p>30</p> <p>Teriyaki Chicken Fried Rice</p>	<p>31</p> <p>Local Beef Nachos Local Narraganset Cheese, Lettuce, Salsa, Corn &amp; Black Bean Salsa</p>	<p><b>National School Lunch Week</b> 10/9-10/13</p>			

### Daily Offerings



A Variety of Fruit, Vegetables, or Salads (Fresh, Local, or Canned)

 Vegetarian  Locally Grown