

2023



St Rocco Lunch Menu - January



The Great American Roadtrip allows students to experience this great country through the power of food!! Go on a journey through the quadrants of the US, where you will learn about local favorites of each region.

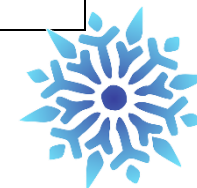
2	3	4	5	6
 Happy New Year!	Bacon Cheeseburger Baked Crinkle Fries	Mac & Cheese Roasted Green Beans	 Toasty Grilled Cheese Sandwich (Narragansett Creamery Cheese) Creamy Tomato Soup	Cheese Pizza Caesar Salad
 9 Chicken & Cheese Quesadilla Roasted Local Butternut Squash	10 Beef & Cheese Nachos Corn & Black Bean Salsa	11 Italian Style Chicken Parmesan Sandwich Garlic Parmesan Roasted Local Potatoes	12 Homemade Shephard's Pie Dinner Roll	13 Pepperoni Pizza Tossed Salad
 16 Martin Luther King Jr. Day I Have a Dream	17 Pancakes, Chicken Sausage, & Tater Tots Breakfast Syrup	18 Popcorn Chicken Bowl Mashed Potatoes Corn Savory Gravy	 19 "New England" Crispy Fish Sticks Confetti Cole Slaw Tartar Sauce	20 Cheese Pizza Caesar Salad
23 Orange Chicken, Vegetable Rice Bowl	 24 Chicago Style Beef Hot Dog Herb Roasted Local Potato Wedges	25 IL/PD	26 BBQ Pulled Pork Sandwich with Buttermilk Cole Slaw	27 Pepperoni Pizza Tossed Salad
30 Sweet & Sour Chicken Vegetable Dumplings Lucky Fried Rice	 31 Tex Mex Chicken Tacos		Any questions, please contact the Director of Dining Services, Erin.Shoemaker @compass-usa.com	

Daily Alternate Options:

- 1/3-1/7: Cheese Quesadilla 
Muffin Fun Lunch 
- 1/10-1/14: Crispy Chicken Patty
Sandwich
Sunbutter & Jelly Fun 
Lunch
- 1/17-1/21: Breaded Mozzarella Sticks 
with Marinara
- Nacho Fun Lunch 
- 1/24-1/28: Beef Taco Salad
Hummus Fun Lunch 
- 1/31-2/4: Chicken Nuggets 
Bagel Fun Lunch 

Extra Extra

- Monday: Broccoli, Baby Carrots, Apple,
Orange Wedges
- Tuesday: Beans, Celery Sticks, Apple,
Red/Green Grapes
- Wednesday: Grape Tomatoes, Green
Bell Pepper Strips, Apple Slices, Bananas
- Thursday: Corn Salad, Baby Carrots,
Apple, Orange Wedges
- Friday: Cucumbers, Grape Tomatoes,
Apple, Red/Green Grapes



All items are made with whole grains.
 All meals are served with a variety of fruits and vegetables--local when available.
 All meals are served with milk (1% low fat white or fat free chocolate).
 Menu is subject to change.
 This institution is an equal opportunity provider.